



# CYPRUS FENCING FEDERATION

## Frequently asked questions - answers



### 1. What I need to register at a fencing club?

*You must be at the age of seven, not be enrolled in another fencing club in Cyprus and have a valid Health card. In detail, the procedure and supporting documents to be submitted to the federation are described in the registration and transfer regulation, where you will find relevant forms. You can find the regulation at: <http://fencing.org.cy/rules-documents/> The application can be made electronically.*

### 2. How do I know if the club I register is suitable or qualified?

*First of all, it must have its own training area and the necessary equipment (uniforms, masks, swords, plastic equipment for children, etc). Make sure the coach is experienced in fencing training and certified by the federation. Finally, make sure that the club is registered with the Cyprus Fencing Federation and actively participates in competitions under its auspices. A list of registered Clubs in the federation can be found at: <http://fencing.org.cy/clubs/>*

### 3. How is the Health card issued?

*The Health Card (HC) is issued by the Cyprus Sport Organization (CSO). The validity of HC is 3 years for athletes under 35, and 2 years for athletes aged 35 years or older. You will need to have some medical examinations depending on your age. Exams can be done in a private clinic or hospital. No athlete older than 35 years can compete without taking a fatigue test. So if you are 33 years and 6 months old, and you do not have a fatigue test, you will be given a HC for 1 year and 6 months (up to the date you complete your 35th year of age). In detail, the type of examinations and the procedure to be followed, as well as a relevant form to be completed, can be found at: <https://www.cyprussports.org/gr/asya>*

### 4. What I need to be eligible to participate in official-rated competitions at Cyprus or abroad?

*First of all, you must be registered with a federation fencing club. In order to participate in domestic tournaments, you must have a valid National Athlete's license, and for foreign tournaments you must have a valid International Athlete's license. The federation is responsible for the issue of these licenses and you can apply in accordance with the procedure described in the registration / transfer regulations. You can find the regulation at: <http://fencing.org.cy/rules-documents/>*

### 5. How can I register at official-rated competitions in Cyprus or abroad?

*For tournaments in Cyprus, you can ask your club to register at least 4 days before the competition. The entry statement is made by filling in and sending to the Federation a relevant form. On the day of the competition you must pay an entry fee. For matches abroad, the above procedure is followed again, but the request to the federation must be made at least 15 days before the competition. In detail, the process is described in the annual competition regulation, where there is an entry template. For foreigners leaving in Cyprus, there are some restrictions only on their participation in the National Championships. You can find the regulation at: <http://fencing.org.cy/calendar-cyprus/>*



## CYPRUS FENCING FEDERATION

### Frequently asked questions - answers



#### 7. How do I earn points in the World (FIE) or European (EFC) ranking?

- To get points in the FIE ranking, you must participate in competitions included in the FIE - Federation International d' Escrime - competition calendar. The competitions are divided into 2 age categories, seniors 13+ and young men / young women under the age of 20 (juniors U20). These matches can be found at: <http://fie.org/competitions>

- For European ranking, you must participate in competitions included in the annual European Fencing Confederation (EFC) competition calendar. The competitions are divided into 2 age categories, young men / young women under 23 (juniors U23) and teenagers under 17 (cadets U17). There are also competitions for under the age of 14 (U14) but there is no statutory rating yet. These matches can be found at: <https://www.eurofencing.info/competitions>

- Some of these competitions are also included in the CFF annual competitions calendar and also give ranking points in the Pancyprian rankings.

#### 8. How can I join the National Team?

Athletes of the National Team are selected according to specific criteria and depending on their performance in international competitions for one competitive period (Sep to July). The eligibility criteria for National and Pre-National Teams can be found in the National Team and International Participation Regulations at: <http://fencing.org.cy/national-team/>

#### 9. How can I join the pre-National team?

You should be in the first 2 positions of the overall Pancyprian rankings for men / women or juniors U20 or cadets U17 and in the top 4 positions in the overall Pancyprian rankings of the U14 category. The list of athletes is renewed every 2 months, depending on competition performance and athletes' overall score.

#### 10. What does the National Team offer me?

For Athletes of the National team, the federation plans and covers all the costs of participating in selected matches abroad, including the European and World Championships of their category. Also are scheduled joint training sessions at the National Training Center in Limassol, individual lessons with the federal coach and training preparations in Cyprus and abroad. For the athletes of the National Team, the travel expenses for joint trainings and athletic equipment are also covered. More information on the motivation plan for athletes can be found in the National Team and International Participation Regulations at: <http://fencing.org.cy/national-team/>

#### 11. What does the pre-National team offer me?

For pre-national team athletes, the federation plans joint training sessions in the National Training Center in Limassol, individual lessons with the federal coach and preparations in Cyprus, to help the club's coaches and their athletes in their efforts to achieve future entry in the National team. For this purpose, the travel expenses for their training sessions at the National Training center in Limassol are covered by the federation. More information on the motivation plan for athletes can be found in the National Team and International Participation Regulations at: <http://fencing.org.cy/national-team/>



## CYPRUS FENCING FEDERATION

### Frequently asked questions - answers



#### 12. How much does the equipment for competitions cost? Where can I get it?

*For the competitions in Cyprus you need 350N suit and 800N under plastron. In addition to the basic individual equipment, you must present 2 swords and 2 body wires in the competitions. There is no fencing shop in Cyprus but there are many shops that you can order online. Prices vary depending on the company, but you need around 350-400 Euros for complete individual competition equipment.*

#### 13. Do I need different equipment if I compete abroad?

*At FIE & EFC competitions you will need different and more expensive equipment. 800N suit, 1600N mask, FIE certified swords, plus the surname and the country printed in the jacket, as well as the official design of Cyprus on trousers and mask (not obligatory). So if you are thinking about playing abroad or in international competitions, you better buy this equipment in the first place. In other international competitions you may not need different equipment, but always check the competition announcement before travelling. The official designs of Cyprus for the uniform and mask can be found at: <http://fie.org/fie/documents> (Logos of the national colors on clothing).*

*Notice that only Cypriots are allowed to print the National colors on the uniform and mask and enter international FIE or EFC competitions.*

#### 14. If I live permanently or temporarily abroad, how can I join the National team?

*You should get a high performance that is included in the selection criteria stated in the regulation. You are not required to participate in competitions in Cyprus, but you must follow the procedure of declaring a permanent or temporary residence abroad, which is described in the registration-transfer regulations. For entering in the pre-National teams, you should have a high position in the Pancyprian rankings and thus necessarily participate in competitions of the annual CFF competitions calendar.*

#### 15. What are the motivations for athletes?

*The motivation plan of the CFF for athletes provides financial compensation to those participating at their own expense in foreign competitions and achieves high performance. There is also a bonus for the champions in the overall Pancyprian rankings at the end of the season. In detail, motivation & benefits are found in the National Team and International Participation Regulations at: <http://fencing.org.cy/rules-documents/>*

#### 16. How do I participate in the World or European Fencing Championship?

*The participation of athletes in these games is carried out by a selection process that depends on your performance. If you are not a member of the National Team, you must be in the top 4 positions of the Pancyprian rankings, have participated in the annual CFF Cup or Championship, in which you must have ranked in the first 30% of the participants and in addition have participated in an official competition abroad and have passed through the poules (qualifying round). The selection process and criteria are described in the National Team and International Participation Regulations at: <http://fencing.org.cy/rules-documents/>*



## CYPRUS FENCING FEDERATION

### *Frequently asked questions - answers*



#### **17. How can I change Club?**

*You will need to request a transfer during the transfer period, at the end of July. The Club that you have been registered must give you a statement that you have no financial debts to that. During the competition period, transfers are generally not allowed except for a significant reason, where special procedures apply. In detail, the procedure and supporting documents to be submitted to the federation are described in the registration and transfer regulation, where you will find relevant forms. You can find the regulation at: <http://fencing.org.cy/rules-documents/>*

#### **18. Where will I find more information?**

*The federation has its own website [www.fencing.org.cy](http://www.fencing.org.cy) where it publishes announcements, news, results of competitions, rankings and more. There is also a page on the facebook - Cyprus Fencing Federation - where news and photos from competitions and other events are published.*

#### **19. Who can I contact for more information?**

*Our official contact details are:*

*Tel: +357 25361333*

*Fax: +357 25362111*

*E-mail: [info@fencing.org.cy](mailto:info@fencing.org.cy)*

*Web page: [www.fencing.org.cy](http://www.fencing.org.cy)*

*Facebook: [www.facebook.com/CyprusFencingFederation](http://www.facebook.com/CyprusFencingFederation)*